

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>Please make your checks payable to: <u>Hooksett School Lunch Program.</u> Breakfast 1.50 Student Lunch 2.65 Adult Lunch 3.50 Snack Milk .50</i>	2 Cheese Nachos Lettuce, Tomato & Salsa Mexicali Black Bean Rice Choice of Fruit & Veggie	3 Chicken Dippers Veggie Rice Broccoli Pineapple Chunks Fortune Cookie	4 Scrambled Eggs/Toast Turkey Sausage Patty Breakfast Potato Choice of Fruit & Veggies	5 Sloppy Joe on a Bun Or Grilled Cheese Sandwich Caesar Salad Fruit & Veggie cups	6 Papa Gino's Cheese Pizza Cherry Tomato Salad Cups Assorted Fruit
<u>Milk Varieties:</u> 1% White Non-Fat White Non-Fat Chocolate Water .50cents	9 <b>NO SCHOOL TODAY</b> <b>COLUMBUS DAY</b> observed	10 Chicken Noodle Soup Mixed Vegetables Breadstick Choice of Fruit	11 French Toast Sticks Hot Ham Slice Sweet Potato Fries Baked Beans Choice of Fruit	12 Chicken Fries Seasoned Rice Green Beans Choice of Fruit	13 Papa Gino's Cheese or Pepperoni Pizza Steamed Carrots Assorted Fruit
<u>Available Everyday:</u> Sandwich Alternative Asst. Fresh Fruit/Veg Whole Grain Bread/Rolls <b>Sunbutter Sandwich</b> Yogurt Plate (includes : graham crackers, string cheese, fruit & yogurt)	16 BBQ Rib on a Bun Or Filet O' Fish on a Bun Caesar Salad Assorted Fruit & Veggies	17 Cheesy Bread Slice w/Marinara Sauce Spinach & Fruit Salad Assorted Veggies Choice of Fruit	18 Waffles & Strawberries Lite Sausage Links Breakfast Potato Choice of Fruit	19 Hamburger or Cheeseburger Lettuce & Tomato Sweet Peas Watermelon Slice	20 Papa Gino's Pizza Corn Cherry Tomatoes Choice of Fruit
<u>Daily Breakfast</u> Selections include: Bagels, English Muffins, Breakfast Sandwich, Our Own Banana Bread, Whole Grain, Low Sugar Cereals, Fruit, Milk and Juice	23 Chicken Patty on a Bun Butternut Squash Choice of Fruit & Veggie Cups	24 Cheese Ravioli w/ marinara Tossed Salad Choice of Fruit	25 Pancakes Yogurt Cups String Cheese Hash Brown Patty Choice of Fruit	26 Chicken Fajitas w/lettuce, tomato & salsa Hummus & Veggie Cups Choice of Fruit	27 Papa Gino's Pizza Warm Fruit & Cinnamon Assorted Veggies
<i>Menu is subject to change based on availability of products.</i>	30 Mac & Cheese Dinner Roll Broccoli Choice of Fruit & Veggie	31 <b>Happy Halloween</b> <b>Creepy</b> Corn Dogs <b>Spooky</b> Beans Sweet Potato <b>bites</b> <b>Candy Corn</b> Fruit Cups			

**NOW OFFERED EVERY DAY: TURKEY, HAM , BOLOGNA, SUN BUTTER & JELLY OR EGG SALAD SANDWICHES... FRUIT & YOGURT PLATES**

***Alternative Veggie and Fruit options offered daily***

*This menu meets the nutritional guidelines for the National School Lunch Program as established by the USDA. This institution is an equal opportunity provider and employer.*

## IMPORTANT SCHOOL LUNCH PROGRAM REMINDERS

**BREAKFAST REMINDER:** *Breakfast is served at every school, every morning. At Underhill, breakfast is served in the Cafeteria. At Memorial, breakfast is served right in the Cafeteria. At Cawley, one of our breakfast carts is located in the 6<sup>th</sup> grade hallway, near the entrance door where busses drop off students, the other is upstairs between the 7<sup>th</sup> and 8<sup>th</sup> grade wings.. We offer nutritious choices including bagels, our own muffins/quick breads, breakfast sandwiches, low-sugar cereals, fresh fruit, 100% fruit juice and milk. Study after study has shown that kids who eat breakfast perform better in all areas of school.*

**SENDING IN A LUNCH ACCOUNT PAYMENT:** *It is critical that we receive the proper information, in order to apply any payments correctly. If using our lunch program envelope, please fill it out COMPLETELY. If using your own envelope, please write the following information on the outside: FULL NAME, DATE, CLASSROOM, \$ AMOUNT ENCLOSED. We prefer payment by check because it is traceable. Cash payments in blank envelopes can't be processed. Cash, if lost, is simply gone. Please avoid coins whenever possible. We take handling student money very seriously.*

**LUNCH PAYMENT ONLINE PROGRAM:** *For those families not taking advantage of on-line payments, you can learn more about the advantages at [www.learnmyschoolbucks.com/Parent](http://www.learnmyschoolbucks.com/Parent). Check out the flyer included in your packet! If you are experiencing any problems, or find any aspect of Schoolbucks challenging, here is some contact information you will find helpful:*

*By telephone: 1-855-832-5226*

*Online: [www.support@myschoolbucks.com](mailto:www.support@myschoolbucks.com)*

**FREE & REDUCED MEAL ASSISTANCE:** *Applications are available in every school's main office and on our website. IT IS ONLY NECESSARY TO SUBMIT ONE APPLICATION FOR YOUR FAMILY, even if you have students at different schools. You may apply at any time during the school year. Applications are confidential.*