

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>Please make your checks payable to: <u>Hooksett School Lunch Program.</u> Breakfast 1.50 Student Lunch 2.65 Adult Lunch 3.50 Snack Milk .50</i>				Aug 31  <b>Chicken Nuggets</b> <b>Assorted Sandwiches</b> <b>Fruit &amp; Yogurt Plate</b> Smile Fries, Caesar Salad Garden Bar	1  <b>Papa Gino's Cheese Pizza</b> <b>Assorted Sandwiches</b> <b>Fruit &amp; Yogurt Plate</b> Carrots Garden Bar
<u>Milk Varieties:</u> 1% White Non-Fat White Non-Fat Chocolate Water 8 oz .50cts	4  NO SCHOOL LABOR DAY	5  <b>Soft Chicken Taco</b> <b>Assorted Sandwiches</b> <b>Fruit &amp; Yogurt Plate</b> Lettuce, Tomato & Salsa Rice & Corn Garden Bar	6  <b>Waffles &amp; Sausage Patty</b> <b>Assorted Sandwiches</b> <b>Fruit &amp; Yogurt Plate</b> Breakfast Potato Garden Bar	7  <b>Spaghetti w/ Meat Sauce or Marinara and Cheese</b> <b>Assorted Sandwiches</b> <b>Fruit &amp; Yogurt Plate</b> Breadstick, Tossed Salad Garden Bar	8  <b>Papa Gino's Cheese Pizza</b> <b>Assorted Sandwiches</b> <b>Fruit &amp; Yogurt Plate</b> Garden Bar
<u>Available Everyday:</u> Assorted Sandwiches Asst. Fresh Fruit/Veg Whole Grain Bread/Rolls <b>Sunbutter Sandwich</b> Yogurt Plate (includes : graham crackers, string cheese, fruit & yogurt)	11  <b>Chicken Patty /Bun</b> <b>Assorted Sandwiches</b> <b>Fruit &amp; Yogurt Plate</b> Lettuce & Tomato Slices Green Beans Garden Bar	12  <b>Shepherd's Pie</b> <b>Assorted Sandwiches</b> <b>Fruit &amp; Yogurt Plate</b> Dinner Roll Coleslaw Garden Bar	13  <b>Ham &amp; Cheese Croissant</b> <b>Assorted Sandwiches</b> <b>Fruit &amp; Yogurt Plate</b> Sweet Potato Fries Garden Bar	14  <b>Cheese Quesadilla</b> <b>Assorted Sandwiches</b> <b>Fruit &amp; Yogurt Plate</b> Salsa Refried Beans Garden Bar	15  <b>Papa Gino's Pizza</b> <b>Assorted Sandwiches</b> <b>Fruit &amp; Yogurt Plate</b> Caesar Salad Garden Bar
<u>Daily Breakfast</u> <u>Selections include:</u> Bagels, English Muffins, Breakfast Sandwich, Our Own Banana Bread, Whole Grain, Low Sugar Cereals, Fruit, Milk and Juice	18  <b>Meatball Sub</b> <b>Assorted Sandwiches</b> <b>Fruit &amp; Yogurt Plate</b> Broccoli Salad French Fries Garden Bar	19  <b>Grilled Cheese</b> <b>Assorted Sandwiches</b> <b>Fruit &amp; Yogurt Plate</b> Tomato Soup Garden Bar	20  <b>Pancakes w/Ham Slice or Yogurt Cup</b> <b>Assorted Sandwiches</b> <b>Fruit &amp; Yogurt Plate</b> Hash Brown Patty, Juice Garden Bar	21  <b>Beef Nachos</b> <b>Assorted Sandwiches</b> <b>Fruit &amp; Yogurt Plate</b> w/lettuce & tomato Corn, Black Beans Garden Bar	22  <b>Papa Gino's Cheese Pizza</b> <b>Assorted Sandwiches</b> <b>Fruit &amp; Yogurt Plate</b> Warm Fruit & Cinnamon Garden Bar
<i>Menu is subject to change based on availability of products.</i>	25  <b>Mozzarella Sticks w/marinara sauce</b> <b>Assorted Sandwiches</b> <b>Fruit &amp; Yogurt Plate</b> Sweet Peas Garden Bar	26  <b>Baked Ziti w/Cheese</b> <b>Dinner Roll</b> <b>Assorted Sandwiches</b> <b>Fruit &amp; Yogurt Plate</b> Tossed Salad Greens Garden Bar	27  <b>Hamburger or Cheeseburger</b> <b>Assorted Sandwiches</b> <b>Fruit &amp; Yogurt Plate</b> Sweet Potato Fries Garden Bar	28  <b>Chicken Tenders w/Macaroni Salad &amp; Roll</b> <b>Assorted Sandwiches</b> <b>Fruit &amp; Yogurt Plate</b> Garden Bar	29  NO SCHOOL

**Assorted Sandwiches include: Turkey, Ham, Bologna, Egg Salad and Sunbutter & Jelly** This menu meets the nutritional guidelines for the National School Lunch Program as established by the USDA. This institution is an equal opportunity provider and employer.

## IMPORTANT SCHOOL LUNCH PROGRAM REMINDERS

**BREAKFAST REMINDER:** *Breakfast is served at every school, every morning. At Underhill, our breakfast cart is located in the hallway just outside the Library. At Memorial, breakfast is served right in the Cafeteria. At Cawley, our breakfast cart is located in all three wings. We offer nutritious choices including bagels, our own muffins/quick breads, breakfast sandwiches, low-sugar cereals, fresh fruit, 100% fruit juice and milk. Study after study has shown that kids who eat breakfast perform better in all areas of school.*

**SENDING IN A LUNCH ACCOUNT PAYMENT:** *It is critical that we receive the proper information, in order to apply any payments correctly. If using our lunch program envelope, please fill it out COMPLETELY. If using your own envelope, please write the following information on the outside: FULL NAME, DATE, CLASSROOM, \$ AMOUNT ENCLOSED. We prefer payment by check because it is traceable. Cash payments in blank envelopes can't be processed. Cash, if lost, is simply gone. Please avoid coins whenever possible. We take handling student money very seriously.*

**LUNCH PAYMENT ONLINE PROGRAM:** *For those families not taking advantage of on-line payments, you can learn more about the advantages at [www.learnmyschoolbucks.com/Parent](http://www.learnmyschoolbucks.com/Parent). Check out the flyer included in your packet! If you are experiencing any problems, or find any aspect of Schoolbucks challenging, here is some contact information you will find helpful:*

*By telephone: 1-855-832-5226*

*Online: [www.support@myschoolbucks.com](mailto:www.support@myschoolbucks.com)*

**FREE & REDUCED MEAL ASSISTANCE:** *Applications are available in every school's main office and on our website. IT IS ONLY NECESSARY TO SUBMIT ONE APPLICATION FOR YOUR FAMILY, even if you have students at different schools. You may apply at any time during the school year. Applications are confidential.*