

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>Please make your checks payable to: <u>Hooksett School Lunch Program.</u> Breakfast 1.50 Student Lunch 2.65 Adult Lunch 3.50 Snack Milk .50</i>				1 <b>Chicken Nuggets</b> <b>Assorted Sandwiches</b> <b>Fruit &amp; Yogurt Plate</b> Smile Fries, Caesar Salad Assorted Fruit & Veggies	2 <b>Papa Gino's Cheese Pizza</b> <b>Assorted Sandwiches</b> <b>Fruit &amp; Yogurt Plate</b> Carrots Assorted Fruit & Veggies
<u>Milk Varieties:</u> 1% White Non-Fat White Non-Fat Chocolate Water 8 oz .50cts	5  NO SCHOOL LABOR DAY	6 <b>Soft Chicken Taco</b> <b>Assorted Sandwiches</b> <b>Fruit &amp; Yogurt Plate</b> Lettuce, Tomato & Salsa Rice & Corn Choice of Fruit	7 <b>Waffles &amp; Sausage Patty</b> <b>Assorted Sandwiches</b> <b>Fruit &amp; Yogurt Plate</b> Breakfast Potato Choice of Fruit & Veggies	8 <b>Spaghetti w/ Meat Sauce or Marinara and Cheese</b> <b>Assorted Sandwiches</b> <b>Fruit &amp; Yogurt Plate</b> Breadstick, Caesar Salad Choice of Fruit	9 <b>Papa Gino's Cheese Pizza</b> <b>Assorted Sandwiches</b> <b>Fruit &amp; Yogurt Plate</b> Sweet Peas Choice of Fruit & Veggie
<u>Available Everyday:</u> Assorted Sandwiches Asst. Fresh Fruit/Veg Whole Grain Bread/Rolls <b>Sunbutter Sandwich</b> Yogurt Plate (includes : graham crackers, string cheese, fruit & yogurt)	12 <b>Chicken Patty /Bun</b> <b>Assorted Sandwiches</b> <b>Fruit &amp; Yogurt Plate</b> Lettuce & Tomato Slices Green Beans Choice of Fruit	13 <b>Shepherd's Pie</b> <b>Assorted Sandwiches</b> <b>Fruit &amp; Yogurt Plate</b> Dinner Roll Coleslaw Choice of Fruit	14 <b>Ham &amp; Cheese Croissant</b> <b>Assorted Sandwiches</b> <b>Fruit &amp; Yogurt Plate</b> Sweet Potato Fries Assorted Veggie Cups Choice of Fruit	15 <b>Cheese Quesadilla</b> <b>Assorted Sandwiches</b> <b>Fruit &amp; Yogurt Plate</b> Salsa Refried Beans Choice of Fruit & Veggies	16 <b>Papa Gino's Pizza</b> <b>Assorted Sandwiches</b> <b>Fruit &amp; Yogurt Plate</b> Caesar Salad Choice of Fruit
<u>Daily Breakfast</u> <u>Selections include:</u> Bagels, English Muffins, Breakfast Sandwich, Our Own Banana Bread, Whole Grain, Low Sugar Cereals, Fruit, Milk and Juice Smoothies	19 <b>Meatball Sub</b> <b>Assorted Sandwiches</b> <b>Fruit &amp; Yogurt Plate</b> Broccoli Salad French Fries Choice of Fruit	20 <b>Grilled Cheese</b> <b>Assorted Sandwiches</b> <b>Fruit &amp; Yogurt Plate</b> Tomato Soup Choice of Fruit & Veggies	21 <b>Pancakes w/Ham Slice or Yogurt Cup</b> <b>Assorted Sandwiches</b> <b>Fruit &amp; Yogurt Plate</b> Hash Brown Patty, Juice Choice of Fruit & Veggies	22 <b>Beef Nachos</b> <b>Assorted Sandwiches</b> <b>Fruit &amp; Yogurt Plate</b> w/lettuce & tomato Corn, Black Beans Steamed Rice, Fruit	23 <b>Papa Gino's Cheese Pizza</b> <b>Assorted Sandwiches</b> <b>Fruit &amp; Yogurt Plate</b> Warm Fruit & Cinnamon Assorted Veggie s
<i>Menu is subject to change based on availability of products.</i>	26 <b>Mozzarella Sticks w/marinara sauce</b> <b>Assorted Sandwiches</b> <b>Fruit &amp; Yogurt Plate</b> Sweet Peas Choice of Fruit	27 <b>Baked Ziti w/Cheese Dinner Roll</b> <b>Assorted Sandwiches</b> <b>Fruit &amp; Yogurt Plate</b> Tossed Green Salad Choice of Fruit & Veggie	28 <b>Hamburger or Cheeseburger</b> <b>Assorted Sandwiches</b> <b>Fruit &amp; Yogurt Plate</b> Sweet Potato Fries Choice of Fruit & Veggies	29 <b>Chicken Tenders w/Macaroni Salad &amp; Roll</b> <b>Assorted Sandwiches</b> <b>Fruit &amp; Yogurt Plate</b> Choice of Fruit Assorted Veggie Cups	30  NO SCHOOL

**Assorted Sandwiches include: Turkey, Ham, Bologna, Egg Salad and Sunbutter & Jelly** This menu meets the nutritional guidelines for the National School Lunch Program as established by the USDA. .This institution is an equal opportunity provider and employer.

## IMPORTANT SCHOOL LUNCH PROGRAM REMINDERS

**BREAKFAST REMINDER:** *Breakfast is served at every school, every morning. At Underhill, our breakfast cart is located in the hallway just outside the Library. At Memorial, breakfast is served right in the Cafeteria. At Cawley, our breakfast cart is located in all three wings. We offer nutritious choices including bagels, our own muffins/quick breads, breakfast sandwiches, low-sugar cereals, fresh fruit, 100% fruit juice and milk. Study after study has shown that kids who eat breakfast perform better in all areas of school.*

**SENDING IN A LUNCH ACCOUNT PAYMENT:** *It is critical that we receive the proper information, in order to apply any payments correctly. If using our lunch program envelope, please fill it out COMPLETELY. If using your own envelope, please write the following information on the outside: FULL NAME, DATE, CLASSROOM, \$ AMOUNT ENCLOSED. We prefer payment by check because it is traceable. Cash payments in blank envelopes can't be processed. Cash, if lost, is simply gone. Please avoid coins whenever possible. We take handling student money very seriously.*

**LUNCH PAYMENT ONLINE PROGRAM:** *For those families not taking advantage of on-line payments, you can learn more about the advantages at [www.learnmyschoolbucks.com/Parent](http://www.learnmyschoolbucks.com/Parent). Check out the flyer included in your packet! If you are experiencing any problems, or find any aspect of Schoolbucks challenging, here is some contact information you will find helpful:*

*By telephone: 1-855-832-5226*

*Online: [www.support@myschoolbucks.com](mailto:www.support@myschoolbucks.com)*

**FREE & REDUCED MEAL ASSISTANCE:** *Applications are available in every school's main office and on our website. IT IS ONLY NECESSARY TO SUBMIT ONE APPLICATION FOR YOUR FAMILY, even if you have students at different schools. You may apply at any time during the school year. Applications are confidential.*