

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>Please make your checks payable to: <u>Hooksett School Lunch Program.</u> Breakfast 1.50 Student Lunch 2.80 Adult Lunch 3.50 Water .50 & 1.00 Snacks .75 .85 1.00</i>	30 Mac & Cheese Dinner Roll Broccoli GARDEN BAR	31 Creepy Corn Dog Spooky Beans Sweet Potato Bites Candy Corn Fruit Cups Garden Bar	1 Chicken Tenders Bread Stick Corn GARDEN BAR	2 Grilled Cheese Tomato Soup GARDEN BAR	3 Papa Gino's Pizza Caesar Salad GARDEN BAR
<u>Milk Varieties:</u> 1% White Non-Fat White Non-Fat Chocolate Water .50cents	6 Crunchy Fish Sticks w/Dinner roll Mashed Potatoes Red Cabbage Coleslaw GARDEN BAR	7 Turkey Tacos Lettuce, Tomato, Salsa Black Beans Garden Bar	8 Cheesy Egg Scramble Bacon Round w/toasted English Muffin Hash Brown Patty GARDEN BAR	9 Spaghetti w/Meat Sauce or Egg Salad Roll Sweet Peas Choice of Fruit GARDEN BAR	10 NO SCHOOL VETERAN'S DAY
Available Everyday: DELI BAR: Turkey , Ham, Buffalo or Caesar Chicken, SB&J Garden Bar Center Station : Hot Alternative Meal	13 Beef Nachos w/lettuce, tomato, salsa Corn GARDEN BAR	14 No School Today Parent/Teacher Conferences	15 French Toast Sticks w/Ham Breakfast Potato Veggie Cups GARDEN BAR	16 Turkey & Gravy Stuffing, Dinner Roll Mashed Potatoes Peas & Carrots, Holiday Cookie	17 Papa Gino's Pizza Caesar Salad Mixed Fruit Cups GARDEN BAR
<u>Daily Breakfast Selections include:</u> Bagels, English Muffins, Breakfast Sandwich, Our Own Banana Bread, Whole Grain, Low Sugar Cereals, Fruit, Milk and Juice...and SMOOTHIES	20 Chicken Patty on a Bun or Deli Bar Sub French Fries Cherry Tomatoes GARDEN BAR	21 Papa Gino's Cheese Pizza Spinach & Fruit Salad GARDEN BAR	22 NO SCHOOL TODAY	23 HAPPY THANKSGIVING	24 NO SCHOOL TODAY
<i>Menu is subject to change based on availability of products.</i>	27 Meatballs & Sauce over Penne Pasta Dinner Roll Steamed Carrots GARDEN BAR	28 Hot Dog on a Bun Or Grilled Chicken Caesar Wraps Steamed Corn Garden Bar	29 Baked Potato Bar w/ chili, chicken, broccoli &cheese Warm Pretzel Garden Bar	30 Cheese Enchiladas Or Sloppy Joes Three Bean Salad Garden Bar	

**Alternative hot entrée at center station : Chicken Patty, Hot Dog, Hamburger, Grilled Cheese, Pizza or Chef's Choice
Deli Bar: Ham, Turkey, Buffalo or Caesar Chicken, Tuna or Egg, Cheese, Sunbutter & Jelly, wg wraps, rolls & bread
Garden Bar Meal Option (make a salad from our garden bar and top off with a protein from our deli bar)**

This menu meets the nutritional guidelines for the National School Lunch Program as established by the USDA. USDA is an equal opportunity provider and employer.

IMPORTANT SCHOOL LUNCH PROGRAM REMINDERS

BREAKFAST REMINDER: *Breakfast is served at every school, every morning. At Underhill, our breakfast cart is located in the hallway just outside the Library. At Memorial, breakfast is served right in the Cafeteria. At Cawley, our breakfast carts are located in all three grade's hallway. We offer nutritious choices including bagels, our own muffins/quick breads, breakfast sandwiches, low-sugar cereals, fresh fruit, 100% fruit juice and milk. Study after study has shown that kids who eat breakfast perform better in all areas of school.*

SENDING IN A LUNCH ACCOUNT PAYMENT: *It is critical that we receive the proper information, in order to apply any payments correctly. If using our lunch program envelope, please fill it out COMPLETELY. If using your own envelope, please write the following information on the outside: FULL NAME, DATE, CLASSROOM, \$ AMOUNT ENCLOSED. We prefer payment by check because it is traceable. Cash payments in blank envelopes can't be processed. Cash, if lost, is simply gone. Please avoid coins whenever possible. We take handling student money very seriously.*

LUNCH PAYMENT ONLINE PROGRAM: *For those families not taking advantage of on-line payments, you can learn more about the advantages at www.learnmyschoolbucks.com/Parent. Check out the flyer included in your packet! If you are experiencing any problems, or find any aspect of Schoolbucks challenging, here is some contact information you will find helpful:*

Payments may take up to 2 or 3 days to post.

By telephone: 1-855-832-5226

Online: www.support@myschoolbucks.com

FREE & REDUCED MEAL ASSISTANCE: *Applications are available in every school's main office and on our website. IT IS ONLY NECESSARY TO SUBMIT ONE APPLICATION FOR YOUR FAMILY, even if you have students at different schools. You may apply at any time during the school year. Applications are confidential.*