

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
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| <i>Please make your checks payable to: <u>Hooksett School Lunch Program.</u> Breakfast 1.50 Student Lunch 2.65 Adult Lunch 3.50</i> | Oct 30 Mac & Cheese Dinner Roll Broccoli Garden Bar | Oct 31 Creepy Corn Dogs Spooky Beans Sweet Potato Bites Candy Corn Fruit Cups Garden Bar | 1 Chicken Nuggets Bread Stick Corn Garden Bar | 2 Grilled Cheese Tomato Soup Garden Bar | 3 Papa Gino's Pizza Tossed Salad Garden Bar |
| <u>Milk Varieties:</u> 1% White Non-Fat White Non-Fat Chocolate Water .50 & 1.00 | 6 Crunchy Fish Sticks w/Dinner roll Mashed Potatoes Red Cabbage Coleslaw Garden Bar | 7 Turkey Taco Lettuce, Tomato & Salsa Garden Bar | 8 Cheesy Egg Scramble Bacon Round w/toasted English Muffin Hash Brown Patty Garden Bar | 9 Pasta w/Meat Sauce Sweet Peas or Assorted Carrot& Tomato Veggie Cups Garden Bar | 10 NO SCHOOL VETERAN'S DAY |
| <u>Available Everyday:</u> Sandwich Alternative Asst. Fresh Fruit/Veg Whole Grain Bread/Rolls Sunbutter Sandwich Yogurt Plate (includes : graham crackers, string cheese, fruit & yogurt) | 13 Beef Nachos w/lettuce, tomato Mexicali Rice Corn Garden Bar | 14 No School Parent/Teacher Conferences | 15 French Toast Sticks w/Ham Breakfast Potato Garden Bar | 16 Turkey & Gravy Stuffing, Dinner Roll Mashed Potatoes Peas & Carrots Holiday Cookie | 17 Papa Gino's Cheese Pizza Garden Bar |
| <u>Daily Breakfast Selections include:</u> Bagels, English Muffins, Breakfast Sandwich, Our Own Banana Bread, Warm Muffins Whole Grain, cereals, Fruit, Milk and Juice Smoothies | 20 Chicken Patty on a Bun French Fries Cherry Tomatoes Garden Bar | 21 Papa Gino's Cheese Pizza Spinach & Fruit Salad Garden Bar | 22 NO SCHOOL TODAY | 23 HAPPY THANKSGIVING | 24 NO SCHOOL TODAY |
| Menu is subject to change based on availability of products. | 27 Meatballs w/ garlic Penne Dinner Roll Steamed Carrots Garden Bar | 28 Hot Dog on a Bun Steamed Corn Tossed Salad Garden Bar | 29 Baked Potato Bar w/ Broccoli, Cheese, Chicken or Chili Warm Pretzel Garden Bar | 30 Cheese Quesadilla Or Sloppy Joe Three Bean Salad Garden Bar | |

NOW OFFERED DAILY: TURKEY, HAM, BOLOGNA, Sb&j OR EGG SALAD SANDWICHES.....Yogurt/ Fruit Plates Daily Munchables: assorted plates...make a pizza, pretzel w/cheese...cold cuts and crackers...and more to come

This menu meets the nutritional guidelines for the National School Lunch Program as established by the USDA.USDA is an equal opportunity provider and employer.

IMPORTANT SCHOOL LUNCH PROGRAM REMINDERS

BREAKFAST REMINDER: *Breakfast is served at every school, every morning. At Underhill, our breakfast cart is located in the hallway just outside the Library. At Memorial, breakfast is served right in the Cafeteria. At Cawley, our breakfast carts are located in all three grade's hallway. We offer nutritious choices including bagels, our own muffins/quick breads, breakfast sandwiches, low-sugar cereals, fresh fruit, 100% fruit juice and milk. Study after study has shown that kids who eat breakfast perform better in all areas of school.*

SENDING IN A LUNCH ACCOUNT PAYMENT: *It is critical that we receive the proper information, in order to apply any payments correctly. If using our lunch program envelope, please fill it out COMPLETELY. If using your own envelope, please write the following information on the outside: FULL NAME, DATE, CLASSROOM, \$ AMOUNT ENCLOSED. We prefer payment by check because it is traceable. Cash payments in blank envelopes can't be processed. Cash, if lost, is simply gone. Please avoid coins whenever possible. We take handling student money very seriously.*

LUNCH PAYMENT ONLINE PROGRAM: *For those families not taking advantage of on-line payments, you can learn more about the advantages at www.learnmyschoolbucks.com/Parent. Check out the flyer included in your packet! If you are experiencing any problems, or find any aspect of Schoolbucks challenging, here is some contact information you will find helpful:*

Payments may take up to 2 or 3 days to post.

By telephone: 1-855-832-5226

Online: www.support@myschoolbucks.com

FREE & REDUCED MEAL ASSISTANCE: *Applications are available in every school's main office and on our website. IT IS ONLY NECESSARY TO SUBMIT ONE APPLICATION FOR YOUR FAMILY, even if you have students at different schools. You may apply at any time during the school year. Applications are confidential.*