

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>Please make your checks payable to: <u>Hooksett School Lunch Program.</u> Breakfast 1.50 Student Lunch 2.65 Adult Lunch 3.50 Snack Milk .50</i>	1 NO SCHOOL Happy New Year	2 Chicken Nuggets French Fries Dinner Roll Warm Pears Garden Bar	3 French Toast Sticks Ham Slice, Baked Beans Garden Bar	4 Fish Sticks Garlic Breadstick Broccoli Garden Bar	5 Papa Gino's Cheese Pizza Carrots Garden Bar
<u>Milk Varieties:</u> 1% White Non-Fat White Non-Fat Chocolate Water Bottle .50/1.00	8 Chicken Patty w/lettuce & tomato Sweet Peas Garden Bar	9 Chicken Drumstick Dinner Roll Tater Tots Corn on the Cobb Garden Bar	10 Waffles & Syrup Strawberry Cups Lite Sausage Patty Yogurt Cup Garden Bar	11 Beef and Cheese Nachos Tomato, Lettuce & Salsa Garden Bar	12 Papa Gino's Cheese Pizza Cherry Tomatoes & Carrot Sticks Garden Bar
<u>Available Everyday:</u> Sandwich Alternative Asst. Fresh Fruit/Veg Whole Grain Bread/Rolls Sunbutter Sandwich Yogurt Plate (includes : graham crackers, string cheese, fruit & yogurt)	15 NO SCHOOL TODAY CIVIL RIGHT'S DAY OBSERVED	16 Hot Dog on a Bun French Fries Carrots Garden Bar	17 Scrambled Eggs & Ham Whole Grain Toast Baked Beans Garden Bar	18 Meatloaf Mashed Potatoes Coleslaw Biscuit Garden Bar	19 Papa Gino's Pizza Tossed Salad Greens Garden Bar
<u>Daily Breakfast Selections include:</u> Bagels, English Muffins, Breakfast Sandwich, Our Own Banana Bread, Whole Grain, Low Sugar Cereals, Fruit, Milk and Juice SMOOTHIES	22 Mozzarella Sticks w/marinara sauce Broccoli Garden Bar	23 Beef & Cheese Taco Bowls w/lettuce & tomato Corn Steamed Rice Garden Bar	24 Pancakes & Bacon Round Yogurt Cups, String Cheese Hash Brown Patty Garden Bar	25 Grilled Cheese Sandwich w/ham or without Tomato Soup w/Oyster Crackers Garden Bar	26 Papa Gino's Cheese or Pepperoni Pizza Tossed Salad w/Roasted Chickpeas Warm Fruit & Cinnamon Garden Bar
<i>Menu is subject to change based on availability of products.</i>	29 Macaroni & Cheese Dinner Roll Sweet Peas Garden Bar	30 Turkey Club Sweet Potato Fries Garden Bar	31 Chicken Fajita Peppers, Onions & Salsa Rice Garden Bar		

Now offered daily ... Yogurt and Fruit Plates Daily...Salad w/chef's choice Protein TURKEY, HAM, BOLOGNA, SB&J OR EGG SALAD SANDWICHES. This menu meets the nutritional guidelines for the National School Lunch Program as established by the USDA.

This institution is an equal opportunity provider and employer.

IMPORTANT SCHOOL LUNCH PROGRAM REMINDERS

BREAKFAST REMINDER: *Breakfast is served at every school, every morning. At Underhill, our breakfast cart is located in the hallway just outside the Library. At Memorial, breakfast is served right in the Cafeteria. At Cawley, our breakfast cart is located in the 6th grade hallway, near the entrance door where busses drop off students. We offer nutritious choices including bagels, our own muffins/quick breads, breakfast sandwiches, low-sugar cereals, fresh fruit, 100% fruit juice and milk. Study after study has shown that kids who eat breakfast perform better in all areas of school.*

SENDING IN A LUNCH ACCOUNT PAYMENT: *It is critical that we receive the proper information, in order to apply any payments correctly. If using our lunch program envelope, please fill it out COMPLETELY. If using your own envelope, please write the following information on the outside: FULL NAME, DATE, CLASSROOM, \$ AMOUNT ENCLOSED. We prefer payment by check because it is traceable. Cash payments in blank envelopes can't be processed. Cash, if lost, is simply gone. Please avoid coins whenever possible. We take handling student money very seriously.*

LUNCH PAYMENT ONLINE PROGRAM: *For those families not taking advantage of on-line payments, you can learn more about the advantages at www.learnmyschoolbucks.com/Parent. Check out the flyer included in your packet! If you are experiencing any problems, or find any aspect of Schoolbucks challenging, here is some contact information you will find helpful:*

By telephone: 1-855-832-5226

Online: www.support@myschoolbucks.com

FREE & REDUCED MEAL ASSISTANCE: *Applications are available in every school's main office and on our website. IT IS ONLY NECESSARY TO SUBMIT ONE APPLICATION FOR YOUR FAMILY, even if you have students at different schools. You may apply at any time during the school year. Applications are confidential.*