



STUDENT LUNCH 2.75 BREAKFAST 1.50

AUGUST 2018

HOOKSETT MEMORIAL SCHOOL

ALL MEALS INCLUDE OUR
GARDEN BAR AND MILK
SNACKS .85
WATER .50 & 1.00

Monday

Tuesday

Wednesday

Thursday

Friday

1

2

3



6

7

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13

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17

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21

22

23

24

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28

29

WELCOME BACK! 30

31

Boneless Chicken Wings
Smile Fries
Caesar Salad
Garden Bar

Papa Gino's Cheese Pizza
Veggie Sticks & Hummus
Garden Bar

AVAILABLE DAILY; ASSORTED SANDWICHES, YOGURT PLATES & MUNCHABLE PLATES
THIS MENU MEETS THE NUTRITIONAL GUIDELINES FOR THE NATIONAL SCHOOL LUNCH PROGRAM AS ESTABLISHED BY THE USDA
THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER.



Monday
**LABOR DAY
OBSERVED**
3
Tuesday

 Turkey Taco
 w/wo Cheese, Lettuce,
 Tomato, Salsa & Guacamole
 Garden Bar

4
Wednesday

 Chicken & Waffles
 Blueberry Cups and Syrup
 Garden Bar

5
Thursday

 Spaghetti
 w/ Meat Sauce or
 Marinara & Cheese
 Warm Breadstick
 Carrots

6
Friday

 Sal's Pizza
 (White or Red)
 Watermelon
 Garden Bar

7

 Chicken Patty
 (Spicy or Original)
 w/ Lettuce & Tomato
 Roasted Zucchini
 Garden Bar

10

 Turkey BLT Sub
 Steamed Broccoli
 Garden Bar

11

 Warm Ham Croissant
 w/wo Cheese
 Sweet Potato Bites
 Garden Bar

12

 Poutine
 (Fries w/gravy and cheese)
 Chicken
 Fruit Icy Cup
 Garden Bar

13

 Papa Gino's Veggie or
 Cheese Pizza
 Watermelon
 Garden Bar

14

 Meatball Sub
 Sidewinder Fries
 Beets
 Garden Bar

17

 Grilled Cheese Sandwich
 Tomato Soup
 Yogurt Cups
 Garden Bar

18

 Pancakes & Sausage
 Baked Beans
 Fruit Crisp
 Garden Bar

19

 Nachos
 Buffalo Chicken or Grilled
 Chicken
 Lettuce, Tomato, Salsa
 Garden Bar

20

 Sal's Pizza
 (White or Red Sauce)
 Edamame
 Garden Bar

21

 Mozzarella Sticks
 w/Marinara Sauce
 Three Bean Salad
 Garden Bar

24

 Pasta
 w/Red Sauce or Alfredo
 w/wo Grilled Chicken
 Sweet Peas
 Garden Bar

25

 Hamburger or
 Cheeseburger
 Butternut Squash
 Garden Bar

26

 Popcorn Chicken
 Mashed Potatoes
 Corn
 Fresh Peaches
 Garden Bar

27
**NO SCHOOL
TODAY**
28

AVAILABLE DAILY: ASSORTED SANDWICHES, YOGURT PLATES & MUNCHABLES

This menu meets the nutritional guidelines for the National School Lunch Program as established by the USDA

This institution is an equal opportunity provider and employer

