

DECEMBER 2018

HOOKSETT MEMORIAL SCHOOL

ALL MEALS INCLUDE OUR GARDEN BAR OF ASSORTED FRUITS & VEGGIES AND A MILK WATER & SNACKS .50 & .85 CTS

Monday

3

Meatball Sub
French Fries
Warm Fruit & Cinnamon
Garden Bar

Tuesday

4

Taco Tuesday
Turkey & Cheese
Salsa, Lettuce & Tomato
Black Beans
Garden Bar

Wednesday

5

Waffles w/Strawberries
Chicken Sausage
Yogurt Cups
Garden Bar

Thursday

6

Filet O' Fish Sandwich
Or Turkey Pretzel Roll
Roasted Carrots
Garden Bar

Friday

7

Sal's Cheese
Pizza
Caesar Salad
Garden Bar

10

Hamburger
Or Cheeseburger
Lettuce, Tomato
Potato Salad
Garden Bar

11

Chicken Nachos
Salsa & Cheese
Steamed Corn
Garden Bar

12

French Toast Sticks
Scrambled Eggs
Warm Fruit
Garden Bar

13

Chicken Broccoli
Alfredo
Texas Toast
Tossed Salad
Garden Bar

14

Papa Gino's
Cheese Pizza
Hummus & Veggies
Garden Bar

17

Chicken Patty
Spicy or Regular
Lettuce & Tomato
Sweet Peas
Garden Bar

18

Spaghetti & Meat
Sauce
w /Bread Stick
Spinach & Berry Salad
Garden Bar

19

Mozzarella Cheese
Sticks w/Marinara
Warm Fruit & Cinnamon
Garden Bar

20

Turkey Ciabatta
Lettuce & Tomato
Sweet Potato Fries
Fruit Salad
Garden Bar

21

French Bread Pizza
Green Beans
Garden Bar

24

NO
SCHOOL THIS
WEEK

25

ENJOY

26

YOUR

27

WINTER

28

BREAK

31

NO
SCHOOL
TODAY

ASSORTED SANDWICHES, MUNCHABLE PLATES & SALAD PLATES SERVED DAILY

This menu meets the nutritional guidelines for the National School Lunch Program as established by the USDA. This institution is an equal opportunity provider and employer.

