



STUDENT LUNCH 3.00



PAY FOR MEALS ONLINE
MySchoolBucks.com

AUGUST 2019

DAVID R CAWLEY SCHOOL

ALL MEALS SERVED WITH
GARDEN BAR AND A MILK
SNACKS&DRINKS .85 -1.50

Monday

Tuesday

Wednesday

Thursday

Friday

5

6

7

1

2

12

13

14

15

16

19

20

21

22

1

23

26

27

28

29

30

WELCOME BACK
Chicken Nuggets
Smile Fries, Caesar Salad
Watermelon
Garden Bar

Sal's Cheese Pizza
Veggie Sticks & Hummus
Garden Bar

AVAILABLE DAILY: Assorted Sandwiches & Deli Bar! Garden Bar: A variety of fruits and veggies!

This menu meets the nutritional guidelines for the National School Lunch Program as established by the USDA

>This Institution is an equal opportunity provider. Esta Institucion es un proveedor que ofrece igualdad de oportunidades.





STUDENT LUNCH 3.00



PAY FOR MEALS ONLINE
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SEPTEMBER 2019

DAVID R CAWLEY SCHOOL

ALL MEALS INCLUDE A MILK
AND THE GARDEN BAR
SNACKS .85 -1.50

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|--|---|---|
| 2 LABOR DAY OBSERVED NO SCHOOL | 3 Turkey Taco (lettuce, tomato & salsa) Black Beans, Guacamole Garden Bar | 4 Chicken & Waffles Berry Cups & Syrup Veggie Sticks Garden Bar | 5 Meatball Subs Sidewinder Fries Sweet Peas Garden Bar | 6 Individual Pan Pizza Carrots, Tossed Salad Garden Bar |
| 9 Chicken Patty (Grilled or Breaded) Lettuce, Tomato & Onion Roasted Zucchini Garden Bar | 10 Turkey BLT Sub Steamed Broccoli Garden Bar | 11 Warm Ham Croissant (w/wo cheese) Sweet Potato Bites Garden Bar | 12 Baked Potato Bar (assorted protein toppings) Warm Pretzel, Fruit Icy Garden Bar | 13 Sal's Cheese or Veggie Pizza Fruit Salad Green Beans Garden Bar |
| 16 Grilled Cheese Sandwich w/ yogurt cups Tomato Soup Garden Bar | 17 Spaghetti & Meat Sauce Warm Breadstick Caesar Salad Garden Bar | 18 Pancakes Chicken Sausage & Egg Patty Apples & Peaches Garden Bar | 19 Chicken Nachos w/Lettuce, Tomato & Cheese Refried Beans Garden Bar | 20 Stuffed Crust Pizza Roasted Brussel Sprouts Watermelon Garden Bar |
| 23 Baked Mozzarella Sticks w/Marinara Sauce Three Bean Salad Garden Bar | 24 Pasta Bar w/Alfredo or Red Sauce Grilled Chicken Broccoli, Dinner Roll Garden Bar | 25 Hamburger or Cheeseburger Butternut Squash Garden Bar | 26 Crispy Chicken Bowls w/mashed potato & corn Coleslaw Garden Bar | 27 NO SCHOOL TODAY |
| 30 Filet O' Fish Sandwich BBQ Rib on a Bun Warm Fruit w/Cinnamon Garden Bar | | | | |

AVAILABLE DAILY: Assorted Sandwiches & Deli Bar. Garden Bar: Assorted Fruits & Veggies.

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