



STUDENT LUNCH 2.90



PAY FOR MEALS ONLINE
MySchoolBucks.com

AUGUST 2019

HOOKSETT MEMORIAL SCHOOL

ALL MEALS SERVED WITH
GARDEN BAR AND A MILK
SNACKS .85 CENTS

Monday

Tuesday

Wednesday

Thursday

Friday

5

6

7

1

2

12

13

14

15

16

19

20

21

22

1

23

26

27

28

29

30

WELCOME BACK
Chicken Nuggets
Smile Fries, Caesar Salad
Watermelon
Garden Bar

Sal's Cheese Pizza
Veggie Sticks & Hummus
Garden Bar

AVAILABLE DAILY: Assorted Sandwiches & Munchable Plates! Garden Bar: A variety of fruits and veggies!

This menu meets the nutritional guidelines for the National School Lunch Program as established by the USDA

>This Institution is an equal opportunity provider. Esta Institucion es un proveedor que ofrece igualdad de oportunidades.





STUDENT LUNCH 2.90



PAY FOR MEALS ONLINE
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SEPTEMBER 2019

HOOKSETT MEMORIAL SCHOOL

ALL MEALS INCLUDE A MILK
AND THE GARDEN BAR
SNACKS .85 MILK .50

Monday	Tuesday	Wednesday	Thursday	Friday
2 LABOR DAY OBSERVED NO SCHOOL	3 Turkey Taco (lettuce, tomato & salsa) Black Beans, Guacamole Garden Bar	4 Chicken & Waffles Berry Cups & Syrup Veggie Sticks Garden Bar	5 Meatball Subs Sidewinder Fries Sweet Peas Garden Bar	6 Individual Pan Pizza Carrots, Tossed Salad Garden Bar
9 Chicken Patty (Grilled or Breaded) Lettuce, Tomato & Onion Roasted Zucchini Garden Bar	10 Turkey BLT Sub Steamed Broccoli Garden Bar	11 Warm Ham Croissant (w/wo cheese) Sweet Potato Bites Garden Bar	12 Baked Potato Bar (assorted protein toppings) Warm Pretzel, Fruit Icy Garden Bar	13 Sal's Cheese or Veggie Pizza Fruit Salad Green Beans Garden Bar
16 Grilled Cheese Sandwich w/ yogurt cups Tomato Soup Garden Bar	17 Spaghetti & Meat Sauce Warm Breadstick Caesar Salad Garden Bar	18 Pancakes Chicken Sausage & Egg Patty Apples & Peaches Garden Bar	19 Chicken Nachos w/Lettuce, Tomato & Cheese Refried Beans Garden Bar	20 Stuffed Crust Pizza Roasted Brussel Sprouts Watermelon Garden Bar
23 Baked Mozzarella Sticks w/Marinara Sauce Three Bean Salad Garden Bar	24 Pasta Bar w/Alfredo or Red Sauce Grilled Chicken Broccoli, Dinner Roll Garden Bar	25 Hamburger or Cheeseburger Butternut Squash Garden Bar	26 Crispy Chicken Bowls w/mashed potato & corn Coleslaw Garden Bar	27 NO SCHOOL TODAY
30 Filet O' Fish Sandwich BBQ Rib on a Bun Warm Fruit w/Cinnamon Garden Bar				



AVAILABLE DAILY: Assorted Sandwiches & Munchable Plates. Garden Bar: Assorted fruits and Veggies.
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