



STUDENT LUNCH 2.90



PAY FOR MEALS ONLINE  
MySchoolBucks.com

# AUGUST 2019

FRED C UNDERHILL SCHOOL

ALL MEALS SERVED WITH  
GARDEN BAR AND A MILK  
SNACKS .85 MILK/WATER.50

Monday

Tuesday

Wednesday

Thursday

Friday

5

6

7

1

2

12

13

14

15

16

19

20

21

22

23

26

27

28

29

30

WELCOME BACK  
Chicken Nuggets  
Smile Fries, Caesar Salad  
Watermelon  
Garden Bar

Sal's Cheese Pizza  
Veggie Sticks & Hummus  
Garden Bar

AVAILABLE DAILY: Assorted Sandwiches & Munchable Plates! Garden Bar: A variety of fruits and veggies!

This menu meets the nutritional guidelines for the National School Lunch Program as established by the USDA

>This Institution is an equal opportunity provider. Esta Institucion es un proveedor que ofrece igualdad de oportunidades.





STUDENT LUNCH 2.90



PAY FOR MEALS ONLINE  
MySchoolBucks.com

# SEPTEMBER 2019

FRED C UNDERHILL SCHOOL

ALL MEALS INCLUDE A MILK  
AND THE GARDEN BAR  
SNACKS .85 MILK .50

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> LABOR DAY OBSERVED NO SCHOOL	<b>3</b> Turkey Taco (lettuce, tomato & salsa) Black Beans, Guacamole Garden Bar	<b>4</b> Chicken & Waffles Berry Cups & Syrup Veggie Sticks Garden Bar	<b>5</b> Meatball Subs Sidewinder Fries Sweet Peas Garden Bar	<b>6</b> Individual Pan Pizza Carrots, Tossed Salad Garden Bar
<b>9</b> Chicken Patty (Grilled or Breaded) Lettuce, Tomato & Onion Roasted Zucchini Garden Bar	<b>10</b> Turkey BLT Sub Steamed Broccoli Garden Bar	<b>11</b> Warm Ham Croissant (w/wo cheese) Sweet Potato Bites Garden Bar	<b>12</b> Baked Potato Bar (assorted protein toppings) Warm Pretzel, Fruit Icy Garden Bar	<b>13</b> Sal's Cheese or Veggie Pizza Fruit Salad Green Beans Garden Bar
<b>16</b> Grilled Cheese Sandwich w/ yogurt cups Tomato Soup Garden Bar	<b>17</b> Spaghetti & Meat Sauce Warm Breadstick Caesar Salad Garden Bar	<b>18</b> Pancakes Chicken Sausage & Egg Patty Apples & Peaches Garden Bar	<b>19</b> Chicken Nachos w/Lettuce, Tomato & Cheese Refried Beans Garden Bar	<b>20</b> Stuffed Crust Pizza Roasted Brussel Sprouts Watermelon Garden Bar
<b>23</b> Baked Mozzarella Sticks w/Marinara Sauce Three Bean Salad Garden Bar	<b>24</b> Pasta Bar w/Alfredo or Red Sauce Grilled Chicken Broccoli, Dinner Roll Garden Bar	<b>25</b> Hamburger or Cheeseburger Butternut Squash Garden Bar	<b>26</b> Crispy Chicken Bowls w/mashed potato & corn Coleslaw Garden Bar	<b>27</b> NO SCHOOL TODAY
<b>30</b> Filet O' Fish Sandwich BBQ Rib on a Bun Warm Fruit w/Cinnamon Garden Bar				



AVAILABLE DAILY: Assorted Sandwiches & Munchable Plates. Garden Bar: Assorted fruits and Veggies.  
This menu meets the nutritional guidelines for the National School Lunch Program as Established by the USDA.  
This Institution is an equal opportunity provider. Esta Institucion es un proveedor que ofrece igualdad de oportunidades.