



Lunch 3.00 Breakfast 1.50

OCTOBER 2019

DAVID R CAWLEY MIDDLE SCHOOL

All Meals Include Entrée
Garden Bar and a Milk.
Snacks .50 -1.50

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Oven Roasted Chicken w/ Garlic Knot Seasoned Wedges Garden Bar	2 Scrambled Eggs w/ Toast Baked Beans Warm Fruit & Cinnamon	3 Hot Dog on a Bun Baked Onion Rings Coleslaw Garden Bar	4 Sal's Cheese Pizza Farm Fresh Cherry Tomatoes Tossed Salad Garden Bar
7 Sloppy Joe Or Grilled Cheese Green Beans Garden Bar	8 Chicken Noodle Soup Warm Bread Stick Mixed Veggies Garden Bar	9 French Toast Sticks Yogurt Fruit Parfait Oven Potatoes Garden Bar	10 Chicken Dipper w/ Seasoned Rice Steamed Broccoli Pineapple Garden Bar	11 Big Daddy's Pizza Fruit Icy Cup Garden Bar
14 NO SCHOOL TODAY COLUMBUS DAY OBSERVED	15 Cheese Nachos Lettuce, Tomato & Salsa Black Beans Garden Bar	16 Chicken & Waffles w/ Fruit & Syrup Watermelon Garden Bar	17 Burger Bar (Beef or Veggie) Assorted Toppings Smile Fries, Sweet Peas Garden Bar	18 Sal's Cheese Pizza Steamed Corn Garden Bar
21 Chicken Patty on a Bun Butternut Squash Fresh Pears Garden Bar	22 Cheese Ravioli w/ Marinara Sauce Roll, Tossed Salad Roasted Chickpea Croutons Garden Bar	23 Pancakes Chicken Sausage Patty Sweet Potato Bites Fresh Melon Garden Bar	24 Chicken Fajita w/ Lettuce, Tomato & Salsa Hummus & Veggies Garden Bar	25 Pizza Bagel Bites Warm Apple Crisp Garden Bar
28 Mac & Cheese Dinner Roll Broccoli Garden Bar	29 Meatball Sub Tossed Salad Garden Bar	30 Max's Quesadilla w/ Sour Cream & Salsa Guacamole, Beans Garden Bar	31 Happy Halloween Freaky Chicken Fries Bread Stick Fingers Spooky Baby Bakers Ghostly Garden Bar	

AVAILABLE DAILY: DELI BAR, GARDEN BAR AND CENTER STATION (second hot lunch choice)

This menu meets the guidelines for the National School Lunch Program as Established by the USDA.

This institution is an equal opportunity provider. Esta Institucion es un proveedor que ofrece igualdad de oportunidades.

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MySchoolBucks.com