

# OCTOBER 2020 Lunch Menu



Monday	Tuesday	Wednesday	Thursday 1	Friday 2
			Ham & Cheese Croissant or Crispy Chicken Salad Carrots & Grapes	NO School
Monday 5	Tuesday 6	Wednesday 7	Thursday 8	Friday 9
Pancakes and Sausage Yogurt Munchable Baked Beans & Apple	Two Turkey Tacos Garden Salad with CheddarSalad Cup & Fruit Cup	Chicken Patty or Greek Salad Green Beans & Oranges	Meatball Sub or Pizza Munchable Broccoli & Fruit Cup	Chef's Cheese Pizza or Chicken Caesar Salad Snap Peas & Watermelon
Monday 12	Tuesday 13	Wednesday 14	Thursday 15	Friday 16
NO SCHOOL	Taco Chicken & Rice Bowl or Buffalo Chicken Salad Black Beans & Fruit	Fish Sticks and Fries or Nacho Munchable Corn & Apple	Ziti with Meat Sauce Garden Salad with Cheddar Salad Cup and Fruit Cup	Sal's Pizza Ham & Cheese Sub Veggies & Dip - Apple Slices
Monday 19	Tuesday 20	Wednesday 21	Thursday 22	Friday 23
Chicken and Waffles Turkey Sub Potato Tots and Fruit Cup	Two Beef Tacos Chef Salad Salad Cup and Peaches	Grilled Cheese Sandwich Pizza Munchable Cucumbers and Strawberries	Turkey BLT Sub or Grilled Chicken Salad Carrots and Applesauce	Pan Pizza or Egg Salad Sub Veggie Sticks and Banana
Monday 26	Tuesday 27	Wednesday 28	Thursday 29	Friday 30
Chicken Fries and Breadstick or Greek Salad Peas and Melon	Cheeseburger or Hot Dog Onion Rings & Strawberries	Chicken Dipper Bowl or Ham Sub Broccoli Salad and Grapes	Shepherd's Pie & Biscuit or Crispy Chicken Salad Three Beans Salad & Fruit	Big Daddy Pizza or Tuna Sub Salad Cup and Fruit

Three Meal offerings daily at this time. All meals include fruit, vegetables and a milk. .

This menu meets the Nutritional Guidelines for the National School Lunch Program as established by the USDA. This institution is an equal opportunity provider and employer. Esta institucion es un proveedor que ofrece igualdad de oportunidades.