



LUNCH PRICE THIS YEAR is 2.90 for Elementary & 3.00 Middle

# SEPTEMBER 2022

## Hooksett School District

MEALS INCLUDE AN ENTRÉE,  
FRUIT, VEGGIE, GARDEN BAR  
AND CHOICE OF MILK

Monday

Tuesday

Wednesday

Thursday

Friday

MY SCHOOL  
BUCKS

PAY FOR MEALS ONLINE  
MySchoolBucks.com



LABOR DAY  
OBSERVED

5

Welcome Back!  
Chicken Patty on a Bun  
(Regular or Spicy)  
Smile Fries, Orange Wedges  
Garden Bar, Choice of Milk

6

Mozzarella Sticks  
w/ Marinara Sauce  
Caesar Salad  
Watermelon  
Garden Bar, Choice of Milk

7

NO  
SCHOOL

1

NO  
SCHOOL

2

Burger Bar  
(Veggie, Cheese or Beef)  
Tossed Salad w/ Chickpea  
Croutons, Apple  
Garden Bar, Choice of Milk

12

Two Turkey Tacos  
Lettuce, Tomato & Salsa  
Steamed Corn, Pears  
Garden Bar, Choice of Milk

13

Grilled Cheese Sandwich  
Tomato Soup  
Grapes  
Garden Bar, Choice of Milk

14

French Toast Sticks  
Chicken Sausage Patty &  
Yogurt, Peach Cups  
Home Fries  
Garden Bar, Choice of Milk

15

French Bread Pizza  
Veggie Sticks w/ Ranch  
Assorted Fruit Cups  
Garden Bar, Choice of Milk

16

Hot Dog on a Bun  
Sweet Potato Fries  
Cupped Fruit  
Garden Bar, Choice of Milk

19

Sweet & Sour Chicken  
Rice Bowl  
Steamed Broccoli  
Pineapple Tidbits  
Garden Bar, Choice of Milk

20

Ham & Cheese Croissant  
Baked Beans  
Melon  
Garden Bar, Choice of Milk

21

Roasted Chicken  
Mashed Potatoes  
Apple Slices  
Garden Bar, Choice of Milk

22

Cheese Pizza  
Caesar Salad  
Cupped Fruit  
Garden Bar, Choice of Milk

23

Chicken Fries  
Warm Breadstick  
Butternut Squash  
Applesauce  
Garden Bar, Choice of Milk

26

Pulled Pork Sliders  
Potato Fries  
Banana  
Garden Bar, Choice of Milk

27

Spaghetti & Meat Sauce  
Tossed Salad  
Mandarin Orange Cup  
Garden Bar, Choice of Milk

28

Cheese Quesadilla  
Salsa & Guacamole  
Cupped Fruit  
Garden Bar, Choice of Milk

29

NO  
SCHOOL

30

ADDITIONAL DAILY OFFERINGS MAY INCLUDE ONE OR MORE OF THE FOLLOWING: MUNCHABLE PLATES, SALAD PLATES OR SANDWICHES. This menu Meets the Nutritional Guidelines for the National School Lunch Program as established by the USDA. This institution is an equal opportunity provider. Esta Institucion es un proveedor que ofrece igualdad de oportunidades.. **Menu subject to change without notice based upon product availability.**