

October 2023 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 Waffle Sticks and Smoothies Potato Wedges Strawberries Garden Bar, Choice of Milk	3 Grilled Chicken Caesar Salad Bread Stick Peach Cobbler Garden Bar, Choice of Milk	4 Ham & Cheese Croissant Edamame Fruit Juice Cup Garden Bar, Choice of Milk	5 Hot Dog Veggies Sticks Orange Wedges Garden Bar, Choice of Milk	6 Domino's Pizza Tossed Salad Assorted Fruit Garden Bar, Choice of Milk
9 Columbus Day (Observed) No School	10 Roasted Chicken Mashed Potatoes, Biscuit Peas & Carrots Watermelon Garden Bar, Choice of Milk	11 Pancakes and Parfaits Berries Hash Brown Garden Bar, Choice of Milk	12 Turkey Grinder Fries Fruit Icy Garden Bar, Choice of Milk	13 Domino's Pizza Chickpea Salad Kiwi Garden Bar, Choice of Milk
16 Grilled Chicken Parm Sweet Corn Pears Garden Bar, Choice of Milk	17 2 Turkey Tacos Lettuce and Tomato Pineapple Cups Garden Bar, Choice of Milk	18 Omelets and Bagels Baked Beans Melon Garden Bar, Choice of Milk	19 Shepherd's Pie Corn Muffin Carrots Fruit Cups Garden Bar, Choice of Milk	20 Domino's Pizza Green Beans Apple Garden Bar, Choice of Milk
23 Filet o' Fish Sandwich Lettuce and Tomato Yogurt Cup Fresh Fruit Garden Bar, Choice of Milk	24 Chicken Tenders Rice Roasted Chickpeas Cinnamon Applesauce Garden Bar, Choice of Milk	25 French Toast Scrambled Eggs Cantaloupe Garden Bar, Choice of Milk	26 American Chop Suey Steamed Carrots Apple Slices Garden Bar, Choice of Milk	27 Domino's Pizza Broccoli Pears Garden Bar, Choice of Milk
30 Chicken Patty Corn Apple Slices Garden Bar, Choice of Milk	31 Potato Bar & Warm Pretzel Steamed Broccoli Trick or "Treat" Cups Garden Bar, Choice of Milk			

DAILY OFFERINGS WILL INCLUDE ONE OR MORE OF THE FOLLOWING: MUNCHABLE PLATES, YOGURT PLATES, ASSORTED SANDWICHES.

A COMPLETE MEAL INCLUDES AN ENTREE, FRUIT, VEGGIE, AND CHOICE OF MILK.

THIS MENU MEETS THE NUTRITIONAL GUIDELINES FOR THE NATIONAL SCHOOL LUNCH PROGRAM AS ESTABLISHED BY THE USDA.

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER. ESTA INSTITUCION ES UN PROVEEDOR QUE OFRECE IGUALDAD DE OPORTUNIDADES. MENU SUBJECT TO CHANGE.