



NOVEMBER 2025 Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
LUNCH PRICES: Paid is \$3.90 Elementary / \$4.00 Middle School Reduced is \$0.40 cents for all grade levels Free is Free				
3 Hot Dog on a Bun, Apples, Green Beans, Garden Bar, Choice of Milk	4 Cornbread Bowl w/ Beef & Bean Chili, Pears, Garden Bar, Choice of Milk	5 Omelet & Cinnamon Roll, Sweet Potato Fries, Melon, Garden Bar, Choice of Milk	6 Mac & Cheese, Broccoli, Oranges, Garden Bar, Choice of Milk	7 Domino's Pizza, Veggie Sticks, Banana, Garden Bar, Choice of Milk
10 	11 	12 Breakfast Sandwich, Baked Beans, Blueberry Cups, Garden Bar, Choice of Milk	13 Broccoli, Chicken Alfredo, Breadstick, Tossed Salad, Mixed Fruit, Garden Bar, Choice of Milk	14 Domino's Pizza, Roasted Carrots, Apple Slices, Garden Bar, Choice of Milk
17 Orange Chicken Bowl w/ Rice, Broccoli, Clementine's, Garden Bar, Choice of Milk	18 Beef Taco, Black Beans, Corn, Applesauce Cups, Garden Bar, Choice of Milk	19 Pancake & Parfaits, Turkey Bacon, Sweet Potato Fries, Oranges, Garden Bar, Choice of Milk	20 Turkey & Gravy, Stuffing, Roll, Mashed Potatoes, Peas & Carrots, Warm Apple Slices w/ Cinnamon, Garden Bar, Choice of Milk	21 Domino's Pizza, Veggie Sticks, Pears, Garden Bar, Choice of Milk
24 Chicken Quesadilla, Refried Beans, Carrots, Apple, Garden Bar, Choice of Milk	25 Hot Ham & Cheese Croissant, Tater Tots, Sweet Peas, Garden Bar, Choice of Milk	26 **NO SCHOOL**	27 HAPPY THANKSGIVING!	28 **NO SCHOOL**



DAILY OFFERINGS INCLUDE ONE OR MORE OF THE FOLLOWING: MUNCHABLE PLATES, YOGURT PLATES, ASSORTED SANDWICHES.

A COMPLETE MEAL INCLUDES AN ENTRÉE, FRUIT, VEGGIE, AND CHOICE OF MILK.

THIS MENU MEETS THE NUTRITIONAL GUIDELINES FOR THE NATIONAL SCHOOL LUNCH PROGRAM AS ESTABLISHED BY THE USDA.

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

ESTA INSTITUCION ES UN PROVEEDOR QUE OFRECE IGUALDAD DE OPORTUNIDADES. MENU SUBJECT TO CHANGE.



Reimbursable Meal: This is a complete meal in which five components (grains, meat/meat-alternative, fruit, vegetable, and a choice of milk) are offered and a student must take at least three of five offerings, one of which needs to be a fruit or a vegetable. Hooksett offers a garden bar filled with alternative choices of fruits and vegetables in addition to the ones that are on the day's menu.

A la Carte Entrée: This is the main entree of a complete meal, ex: Chicken patty on a bun, American Chop Suey, Ham & Cheese Croissant, Grilled Chicken Caesar Wrap, Pizza, etc.

A La Carte Items:	Prices
A La Carte Entree	2.75
Water	.50 for 8oz. 1.00 for 16.9oz
Milk	.50
Premium Water (middle school) 100 % fruit Snapple, plain seltzer and sport top large waters	1.50
Breakfast Entree	2.00
Whole Fruit	.75
Vegetable cups	.75
100 % Fruit Juice	.75
Snacks: whole grain, reduced-fat and -sodium chips, popcorn, sunflower seeds, whole grain and low-sugar pop tart, whole grain Goldfish & Cheez-Its, etc.	1.00
Roll	.50
Extra Dressings	.50
Cheese Stick (low-fat & low-sodium)	.75
Extra Sides (French fries, Caesar salad, etc.)	1.00
Cookie (whole grain reduced-fat & reduced-sodium)	.75
Ice Cream (low-fat & low-sugar)	1.00
Ice Cream Premium (middle school)	1.50
Yogurt	.75

