


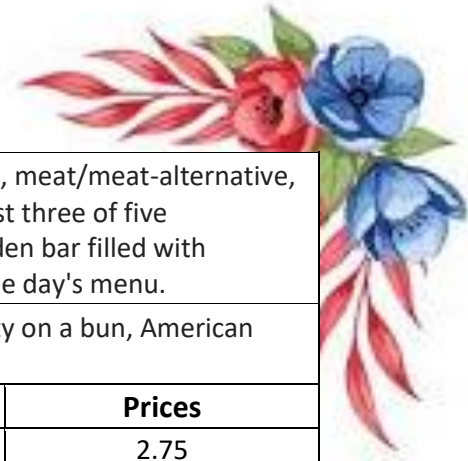
# MAY 2026 Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
<b>LUNCH PRICES:</b> Paid is \$3.90 Elementary / \$4.00 Middle School Reduced is \$0.40 cents for all grade levels Free is Free				1 <b>**NO SCHOOL**</b>
4 Grilled Cheese, Chicken Noodle Soup, Apple Sauce, Garden Bar, Choice of Milk	5 <b>**Cinco De Mayo**</b> Beef Tacos, Fiesta Rice & Beans, Peach Sorbet, Garden Bar, Choice of Milk	6 Griddle Stack Sandwich, Sweet Potato, Pears, Garden Bar, Choice of Milk	7 Roasted BBQ Chicken Drums, Onion Rings, Macaroni Salad, Blueberry Cups, Garden Bar, Choice of Milk	8 Domino's Pizza, Caesar Salad, Fruit Icy, Garden Bar, Choice of Milk
11 Burgers, Sweet Potato Fries, Apple Slices, Garden Bar, Choice of Milk	12 Chicken Lo Mein, Egg Roll, Steamed Broccoli, Watermelon, Garden Bar, Choice of Milk	13 Shepherd's Pie, Garlic Knot, Pineapple Whip Cups, Garden Bar, Choice of Milk	14 French Toast, Scrambled Eggs, Cinni-Maple Chickpeas, Kiwi, Garden Bar, Choice of Milk	15 Domino's Pizza, Celery Sticks & Sunbutter, Pears, Garden Bar, Choice of Milk
18 Chicken Tenders, Smile Fries, Strawberry Shortcake, Garden Bar, Choice of Milk	19 Chicken Caesar Salad, Warm Pretzel, Mango, Garden Bar, Choice of Milk	20 <b>**Chef's Choice**</b> Fruit Salad, Garden Bar, Choice of Milk	21 Sweet & Sour Meatballs, Rice, Carrots, Apple Slices & Chocolate Hummus, Garden Bar, Choice of Milk	22 Domino's Pizza, Red Pepper Strips, Banana, Garden Bar, Choice of Milk
25 <b>**NO SCHOOL**</b> 	26 Chicken Burrito, Black Beans, Oranges, Garden Bar, Choice of Milk	27 Ham & Cheese Croissant, Sweet Potato Tots, Warm Pears w/ Cinnamon, Garden Bar, Choice of Milk	28 Orange Chicken, Rice, Broccoli, Clementines, Garden Bar, Choice of Milk	29 Domino's Pizza, Carrots, Apple Sauce, Garden Bar, Choice of Milk






DAILY OFFERINGS INCLUDE ONE OR MORE OF THE FOLLOWING: MUNCHABLE PLATES, YOGURT PLATES, ASSORTED SANDWICHES. A COMPLETE MEAL INCLUDES AN ENTRÉE, FRUIT, VEGGIE, AND CHOICE OF MILK. THIS MENU MEETS THE NUTRITIONAL GUIDELINES FOR THE NATIONAL SCHOOL LUNCH PROGRAM AS ESTABLISHED BY THE USDA. THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER. ESTA INSTITUCION ES UN PROVEEDOR QUE OFRECE IGUALDAD DE OPORTUNIDADES. MENU SUBJECT TO CHANGE.



**Reimbursable Meal:** This is a complete meal in which five components (grains, meat/meat-alternative, fruit, vegetable, and a choice of milk) are offered and a student must take at least three of five offerings, one of which needs to be a fruit or a vegetable. Hooksett offers a garden bar filled with alternative choices of fruits and vegetables in addition to the ones that are on the day's menu.

**A la Carte Entrée:** This is the main entree of a complete meal, ex: Chicken patty on a bun, American Chop Suey, Ham & Cheese Croissant, Grilled Chicken Caesar Wrap, Pizza, etc.

<b>A La Carte Items:</b>		<b>Prices</b>
A La Carte Entree		2.75
Water		.50 for 8oz. 1.00 for 16.9oz
Milk		.50
Premium Water (middle school) 100 % fruit Snapple, plain seltzer and sport top large waters		1.50
Breakfast Entree		2.00
Whole Fruit		.75
Vegetable cups		.75
100 % Fruit Juice		.75
Snacks: whole grain, reduced-fat and -sodium chips, popcorn, sunflower seeds, whole grain and low-sugar pop tart, whole grain Goldfish & Cheez-Its, etc.		1.25
Roll		.50
Extra Dressings		.50
Cheese Stick (low-fat & low-sodium)		.75
Extra Sides (French fries, Caesar salad, etc.)		1.00
Cookie (whole grain reduced-fat & reduced-sodium)		1.25
Ice Cream (low-fat & low-sugar)		1.25
Ice Cream Premium (middle school)		1.25
Yogurt		.75

