



NOVEMBER 2026 Lunch Menu

WG = Whole Grain



Monday	Tuesday	Wednesday	Thursday	Friday
2 Turkey Subs, Lettuce & Tomato, Oven Fries, Carrots, Apple Sauce, Garden Bar, Choice of Milk	3 **NO SCHOOL**  PARENT-TEACHER Conference 	4 Orange Chicken, Rice, Edamame, Mandarin Cups, Garden Bar, Choice of Milk	5 Grilled Cheese, 2 Slices WG Bread, Tomato Soup, Peaches, Garden Bar, Choice of Milk	6 Domino's Pizza, Roasted Broccoli, Mixed Fruit, Garden Bar, Choice of Milk
9 Chicken Patty Sandwich, WG Bun, Chickpea Cucumber Salad, Oranges, Garden Bar, Choice of Milk	10 Turkey Tacos, 2 WG Tortillas, Sour Cream & Salsa, Cinnamon Pears, Garden Bar, Choice of Milk	11 **NO SCHOOL**  VETERANS DAY	12 Beef Meatballs, WG Pasta, Marinara, Caesar Salad, Fresh Banana, Garden Bar, Choice of Milk	13 Domino's Pizza, Carrot Sticks, Fruit Icy, Garden Bar, Choice of Milk
16 Cheeseburger, WG Bun, Sweet Potato Tots, Mixed Fruit, Garden Bar, Choice of Milk 	17 Chicken Fajitas, 2 WG Tortillas, Peppers & Onions, Black Beans, Pineapple, Garden Bar, Choice of Milk	18 Chicken Nuggets, Rice, Corn, Fresh Apple, Garden Bar, Choice of Milk	19 Roast Turkey w/ Stuffing, WG Dinner Roll, Mashed Potatoes, Green Beans, Cranberry Sauce, Garden Bar, Choice of Milk 	20 Domino's Pizza, Roasted Broccoli, Kiwi, Garden Bar, Choice of Milk
23  Ham & Cheese Croissant, Baby Carrots, Orange Wedges, Garden Bar, Choice of Milk	24 French Toast Sticks, Yogurt Cup, Sausage Patty, Baked Beans, Peach Sorbet, Garden Bar, Choice of Milk	25 **NO SCHOOL**  	26 HAPPY THANKSGIVING! 	27 **NO SCHOOL** 
30 Sloppy Joes, WG Bun, Pizza Beans, Apple Sauce, Garden Bar, Choice of Milk	LUNCH PRICES: Paid is \$3.90 Elementary / \$4.00 Middle School Reduced is \$0.40 cents for all grade levels Free is Free			

DAILY OFFERINGS INCLUDE ONE OR MORE OF THE FOLLOWING: MUNCHABLE PLATES, YOGURT PLATES, ASSORTED SANDWICHES.

A COMPLETE MEAL INCLUDES AN ENTRÉE, FRUIT, VEGGIE, AND CHOICE OF MILK.

THIS MENU MEETS THE NUTRITIONAL GUIDELINES FOR THE NATIONAL SCHOOL LUNCH PROGRAM AS ESTABLISHED BY THE USDA.

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

ESTA INSTITUCION ES UN PROVEEDOR QUE OFRECE IGUALDAD DE OPORTUNIDADES. MENU SUBJECT TO CHANGE.



Reimbursable Meal: This is a complete meal in which five components (grains, meat/meat-alternative, fruit, vegetable, and a choice of milk) are offered and a student must take at least three of five offerings, one of which needs to be a fruit or a vegetable. Hooksett offers a garden bar filled with alternative choices of fruits and vegetables in addition to the ones that are on the day's menu.

A la Carte Entrée: This is the main entree of a complete meal, ex: Chicken patty on a bun, American Chop Suey, Ham & Cheese Croissant, Grilled Chicken Caesar Wrap, Pizza, etc.

A La Carte Items:	Prices
A La Carte Entree	2.75
Water	.50 for 8oz. 1.00 for 16.9oz
Milk	.50
Premium Water (middle school) 100 % fruit Snapple, plain seltzer and sport top large waters	1.50
Breakfast Entree	2.00
Whole Fruit	.75
Vegetable cups	.75
100 % Fruit Juice	.75
Snacks: whole grain, reduced-fat and -sodium chips, popcorn, sunflower seeds, whole grain and low-sugar pop tart, whole grain Goldfish & Cheez-Its, etc.	1.25
Roll	.50
Extra Dressings	.50
Cheese Stick (low-fat & low-sodium)	.75
Extra Sides (French fries, Caesar salad, etc.)	1.00
Cookie (whole grain reduced-fat & reduced-sodium)	1.25
Ice Cream (low-fat & low-sugar)	1.25
Ice Cream Premium (middle school)	1.25
Yogurt	.75

